

Trimester 3

Menu 3

SOUP

Tomato horseradish gazpacho \$1.25

Grilled curried chicken and lentil \$1.75

SALAD

Romaine wedge with gorgonzola vinaigrette and fried chicken skewers \$2.75

APPETIZER

Tempura fried green beans with southwestern dipping sauce \$2.50

Seared fish tacos in a crispy tortilla with guacamole and fresh salsa \$2.75

ENTRÉE

Grilled steak with tomato-fennel vinaigrette served with asparagus and roasted potatoes \$4.50

Pressed chicken breast puttanesca with yellow squash and tomatoes served over rice \$4.25

Pan seared Pollock served over an artichoke hash and finished with a toasted almond and citrus vinaigrette \$4.50

PASTA

Orecchiette pasta with fresh tomatoes and ricotta cheese \$3.75

SANDWICH

Cheddar burger with balsamic onion and chipotle ketchup served on a Kaiser roll with French fries \$4.75

DESSERT

Fresh berries parfait with meringue \$1.50

Blueberry pie \$1.50